

## Connection to community

As parents and carers, good connection to our community promotes our children's development and our own wellbeing. This includes the relationships we have with the people around us, day care and school, community services, and our environment.

Cherbourg parents say it's best when our community connections are right with our culture and we feel like we belong.

The flip side is, our wellbeing suffers when we don't feel connected to community, or we don't make use of the available services because we don't think they fit with our cultural values.

We can all support each other and work together for the collective wellbeing of our children and the future of our community.

So how do we stay connected to community?

Keep an eye out for community events coming up. You can find these on the public notice board, Cherbourg radio, and social media like council, radio, school, and Cherbourg Aboriginal Community pages.

Make use of community venues like the sports complex, parks and playgrounds.

Take the gundoos to the library and look out for programs for parents at the IKC.

And try to take the family to community spaces like the dam, lookout, and the Wakka Wakka park.

Spending time in nature can be good for our spirits as well as a peaceful place to catch up.

Support our young people when they show respect and pride in our community. Like our Cherbourg youth leaders doing great things cleaning up around town and making it a better place for all of us.

Cherbourg has many tribes, but we're all part of the same community. We're all parents for our next generation and we're raising our gundoos together.

As Uncle Eric says:

"From where I sit as an old Wakka man and I say to all these other people who've come from their mother's country, while you're here you're part of our mob, you're part of being a Wakka and you've got to trust that."

Do you feel connected to community right now? What can you do to get out there with your family and enjoy the beautiful place we live in?

Let's stay connected to our community, our culture and our Country, and take care of each other and our environment.